



PROGRAM OVERVIEW

Bridges is here to help young adults who are leaving foster care make the connections they need to build their futures with resources for Housing, Employment, Education Assistance, and Well-Being.

GETTING OUT INTO THE WORLD DOESN'T MEAN DOING IT ALONE. BRIDGES IS HERE TO:

- Help you develop a plan and goals
- Meet with you face to face at least once a month
- Review your plan with you every 90 days to acknowledge your achievements and plan your next steps
- Help you maintain your eligibility if your circumstances change
- Help you identify individuals and resources that can be permanent connections for you even after you complete the program

- Teach you skills like money management, how to do laundry, how to grocery shop, etc.
- Connect you with community resources to help you become more self-sufficient
- Provide guidance and be a positive adult supporter you can depend on









ELIGIBILITY REQUIREMENTS

To be eligible for Bridges, you must have left the foster care system after turning 18 and be under the age of 21. You must also meet at least one of the following criteria:

- Be completing secondary education or a program leading to an equivalent credential.
- Be enrolled in college or other post-secondary school.
- Be participating in a program or activity designed to remove barriers to employment.
- Be employed at least 80 hours a month.
- Or be incapable of doing any of the above activities due to a physical or mental health condition.



HOUSING ASSISTANCE

Helping you find somewhere safe.

Whether it means an apartment, low-income housing or a college dorm room - we're here to help you find someplace safe and affordable. Bridges will also help you pay for rent, utilities, food, and clothing.

EDUCATION

Helping you navigate your educational path.

From high school, GED testing, vocational school, to four-year college, Bridges can connect you to the resources you need. As a former foster youth, you may be eligible for financial aid - including scholarships and need-based aid.

EMPLOYMENT SERVICES

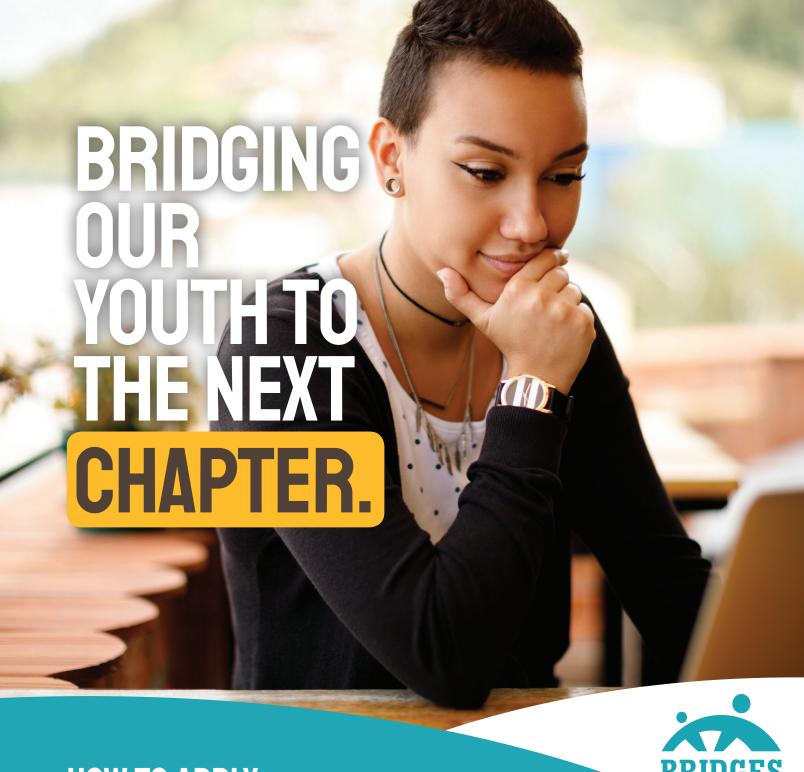
Making connections. Building futures.

Bridges is designed to provide you with the support and skills needed to find and maintain employment and to succeed at your job. Your Bridges representative can help you create a resume, prepare for an interview and can connect you with job readiness or training programs that could open new employment opportunities that meet your interests and career goals.

WELL-BEING SERVICES

Supporting your physical and mental well-being.

Nothing is more important than your physical and mental health. And your Bridges representative can help guide you to the resources you need to find insurance plans and doctors.



HOW TO APPLY

If you're transitioning from foster care:

Talk with your children services caseworker about your interest in Bridges. He or she will contact a Bridges representative three months before you leave foster care to coordinate services.

If you've aged out of foster care:

If you left foster care after turning 18 and are under the age of 21, please connect with a Bridges representative using the interest form on our website. A representative will contact you within two business days.

