

FIND YOUR PLACE

HOUSING
EDUCATION
EMPLOYMENT
WELL-BEING



GUIDING YOU TOWARD **HEALTHY** LIVING.



Supporting your physical and mental well-being.

Nothing is more important than your physical and mental health. Let us guide you through the first steps out of foster care by connecting you to the resources you need to find insurance plans and doctors.

WELL-BEING SERVICES

Your Bridges representative is here to help. From mental health and wellness services, getting health insurance, to finding a doctor - our goal is to guide you to the resources you need to stay healthy.



In Ohio, young adults who have aged out of foster care are eligible for Medicaid until they turn 26. Medicaid managed care plans cover preventative care, hospitalization, emergency care, prescriptions, and more. For more information, visit [Benefits.ohio.gov](https://www.benefits.ohio.gov).



HELPING YOU FIND ACCESS TO PHYSICAL AND MENTAL HEALTHCARE.

A Bridges representative will work with you - connecting you to the people and resources you need to make a successful transition into adult life.



ELIGIBILITY REQUIREMENTS

To be eligible for Bridges, you must have left the foster care system after turning 18 and be under the age of 21. You must also meet at least one of the following criteria:

- Be completing secondary education or a program leading to an equivalent credential.
- Be enrolled in college or other post-secondary school.
- Be participating in a program or activity designed to remove barriers to employment.
- Be employed at least 80 hours a month.
- Or be incapable of doing any of the above activities due to a physical or mental health condition.



HOW TO APPLY

If you're transitioning from foster care:

Talk with your children services caseworker about your interest in Bridges. He or she will contact a Bridges representative three months before you leave foster care to coordinate services.

If you've aged out of foster care:

If you left foster care after turning 18 and are under the age of 21, please connect with a Bridges representative using the interest form on our website. A representative will contact you within two business days.

